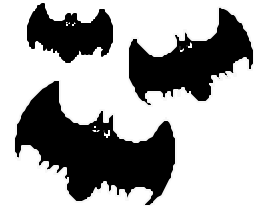


# Sparks Tae Kwon Do Constance Bay

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## The Halloween issue



We will have a Halloween party during class on Tuesday 28 October. Please dress in your Halloween costume instead of your dobok (unless you are dressing as a martial artist, of course). There will be games, treats and perhaps a spook or two!



## Testing

The next test will be held on

Saturday 1 November 2003  
Winning Circle, Kanata

Sabuhmnim will ask you to present yourself for the test if you are ready.

## Three silver medals in Aylmer

Congratulations to Adam GrosLouis (first Dan) and Kyle Boeyen (Black Stripe I) who competed in Master Fu's Friendship Tournament in Aylmer on October 18, 2003.

Adam won a silver medal in sparring and a silver medal in patterns. Kyle won a silver medal in sparring. Thank you for representing our school with competent skill and good sportsmanship.

## Your chance to compete

Sparks Tae Kwon Do - Constance Bay and Winning Circle Martial Arts and Wellness Centre will host a tournament:

Saturday 29 November 2003  
St. Isidore School  
1105 March Road, Kanata

Please plan to compete. It is important to gain tournament experience before you present yourself for your black belt test.

## Welcome Christine

This month, we welcome one new member, Christine Noel to our club.

## Volunteers

If you are interested in volunteering to help out with the club's social activities, please contact Sabuhmnim.

## Pan Am update

The Pan Am games, originally planned for May 2003, were postponed due to the SARS outbreak. Winning Circle will host the tournament in May of 2004. Competitors from Canada, the US, Mexico and the Caribbean will participate.



Please prepare to compete at the Pan Am games this spring. This is an excellent opportunity to compete against other martial artists from all over North America.



### Korean words

Many Korean words are used regularly in the Dojang. You are probably already familiar with some of the words in the list below. Listen for them in class and add to your Korean vocabulary.



Ready = Joon bi

Start = Shi jak

Stop = Guman

Left = Cirro

Right = Wirro

Thank you = Kam Sa Ham Nida

You are welcome = Chan Man Ey-o

## From 3 Kingdoms to 3 Federations

### Part II: 1955 – 1988

Tae Kwon Do was formed by unifying different styles and techniques specific to Korea; however, differences of opinion persisted after its creation in 1955.

In the 1960s, some Tae Kwon Do martial artists wanted to promote the martial art internationally and teach it outside Korea. Others wanted to maintain knowledge of Tae Kwon Do exclusively in Korea.

The first President of the Korean Tae Kwon Do Association, General Choi Hong Hi, left in 1966 to found the International Tae Kwon Do Federation (ITF). The ITF was the first group to spread knowledge of Tae Kwon Do across the globe.

In 1971, Dr. Un Yong Kim was elected President of the Korean Tae Kwon Do Association. Two years later he organized the World Tae Kwon Do Federation (WTF).

Dr. Kim was instrumental in building the Kukkiwon (or Institute for a National Sport in Korean) in Seoul. The Kukkiwon is the main training center for the Korean Tae Kwon Do Association. He has lobbied for a centralized, worldwide registry of black belts and successfully worked to have Tae Kwon Do included as an Olympic sport.

Tae Kwon Do was introduced to the Olympics as a demo sport at the 1988 Seoul Olympics.

At the same time, Grand Master Park Jung Tae was nominated to lead a one-year mission to resolve the mounting tension between the two federations. In 1988, Grand Master Park broke from the two federations to form the Global Tae Kwon Do Federation (GTF). Tae Kwon Do has evolved from martial arts practiced by the three Kingdoms of Korea, to three Federations, each practiced and recognized throughout the world. Sparks Tae Kwon Do is a member of the GTF.

#### *Post Script:*

Grand Master Park led the GTF until his death in 2002. His widow, Mrs. Linda Park is the current President of the GTF.

#### **On the web**

Photographs from the June demonstration are on the web site now. Please visit:

[www.sparkstkd.com](http://www.sparkstkd.com)

